



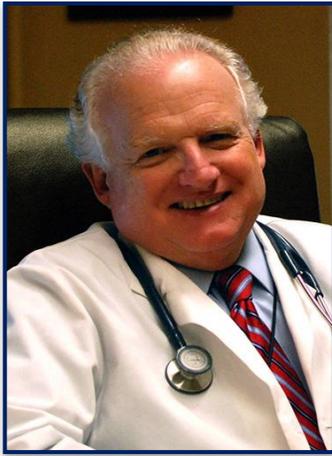
HARLEM RESIDENCY IN FAMILY MEDICINE

A Safety Net Residency in the Heart of New York City



Table of Contents

Welcome.....	1
About Our Organization.....	2
Our Mission	2
Faculty	3
Clinical Training Sites	8
Community Engagement.....	9
Harlem Residency Program Highlights	10
Family Medicine Curriculum & Tracks.....	11
Alumni.....	13
Contact.....	14



Neil Calman, MD



Andrea Maritato, MD

Welcome!

Welcome to the exciting world of Family Medicine in New York City. The Harlem Residency in Family Medicine offers an innovative training program for those who want to make a difference for America's most medically underserved individuals. We are committed to the provision of comprehensive, coordinated, and culturally competent care to our community, and are devoted to providing our residents with the tools, skills, and vision necessary to become excellent clinicians and patient advocates.

New York City has been a safe harbor for waves of immigrants, creating a rich fabric of diverse neighborhoods. We serve a broad array of patients, spanning many cultures, ages, and socioeconomic groups, including those who are uninsured. Our residents care for and act as advocates for our patients and their communities.

Our program trains residents for leadership positions in a complex urban setting. We pride ourselves on the breadth of training opportunities we provide. Our health center employs the most innovative health information technology available to promote preventive care and health information exchange, including a patient portal in English and Spanish. Our advanced technology enabled residents to quickly provide telemedicine as an option for serving patients as the COVID-19 pandemic emerged.

Our residents are deeply involved in community outreach. Harlem Residents in Family Medicine are also trained to provide comprehensive women's health care, including a full scope of reproductive care. We offer you the opportunity to reinvigorate and reinvent health care in New York City as a resident in our program. Come join us in our exciting adventure.

Sincerely,

A handwritten signature in blue ink that reads "Neil Calman, MD".

Neil Calman, MD
President & CEO
The Institute for Family Health

A handwritten signature in blue ink that reads "Andrea Maritato, MD".

Andrea Maritato, MD
Program Director
Harlem Residency in Family Medicine

About Our Organization

The Harlem Residency in Family Medicine was launched by The Institute for Family Health in 2012 to create a vibrant anchor for family medicine-oriented care and learning in the dynamic, high-need community of Harlem. The Institute is a non-profit organization founded in 1983 to increase access to high-quality primary care services to medically underserved populations. The Institute's Federally Qualified Health Center (FQHC) network serves as primary care training sites for residents, medical students, and other health professionals. It meets national standards for affordable, accessible, and comprehensive health care services, with accreditation from the Joint Commission and designation as a Level 3 patient-centered medical home by the National Committee for Quality Assurance. It has also won numerous national awards for the innovative use of health information technology in the service of the underserved.

In a unique academic partnership, the Institute maintains an agreement with the Icahn School of Medicine at Mount Sinai (ISMMS) to operate its Department of Family Medicine and Community Health. This partnership includes the Institute's operation of the Mount Sinai Downtown (MSD) Residency in Urban Family Practice sponsored by ISMMS. The Harlem and MSD residencies operate as sister programs, collaborating on inpatient training, didactics, and additional hospital based rotations.



Our Mission

The mission of the Harlem Residency in Family Medicine is to prepare family physicians to serve as leaders in urban health care. The family practice model of care is based on a holistic approach to health that integrates psychological, social, economic, and environmental determinants of health with biomedical factors.

Our residency program builds upon the comprehensive approach of family medicine with an emphasis on the particular needs of medically underserved communities. In addition to learning how to effectively care for a diverse patient population, our residents will be prepared to assume leadership positions within health care or to work in academic settings that address the needs of the underserved.

We are proud of our residents' skill and professionalism in addressing the challenges of the COVID-19 pandemic. As family physician residents, they are learning to provide comprehensive primary care to our diverse patients through telehealth and in-person visits as well as state-of-the-art inpatient care supported by advanced clinical and biomedical research. Our goal is to train our residents to provide the best possible care to our patients so that they can live healthy and productive lives.

Faculty



**Neil Calman, MD, President & CEO, The Institute for Family Health
Chair, Department of Family Medicine and Community Health,
Icahn School of Medicine at Mount Sinai**

Rush Medical College

Montefiore Medical Center, Family Practice Residency in Social Medicine

Special Interests: Health Disparities



**Robert Schiller, MD, Designated Institutional Official & Chief Medical
Officer, The Institute for Family Health
Vice Chair, Department of Family Medicine and Community Health, Icahn
School of Medicine at Mount Sinai**

New York University School of Medicine

Montefiore Medical Center, Family Practice Residency in Social Medicine,

Fellowship in Faculty Development in Family Medicine,

Special Interests: Integrative Medicine, Medical Ethics



**Andrea Maritato, MD, MS
Program Director, Harlem Residency in Family Medicine**

UMDNJ, New Jersey Medical School, Newark, NJ

Jamaica Hospital, Family Medicine Residency, Jamaica, NY

Special Interests: Transitions of Care



**Caitlin Weber, MD, MS, IBCLC, FAAFP
Associate Program Director**

Albany Medical College

University of Texas at Austin, Dell Medical School

Fellowship in Family Planning, Columbia University

Special Interests: Reproductive and Sexual Health, Health Equity, Pediatrics



**Ivonne McLean, MD
Assistant Program Director**

St. George's University School of Medicine

UMass Chan Worcester, Family Medicine Residency

Fellowship in Reproductive Health Care and Advocacy, Institute for Family Health;

Clinical Research Fellowship in Family Medicine, Institute for Family Health;

Leadership Training Academy

Special Interests: Reproductive and Sexual Health, Health Equity, Research



**Yvonne Eisner, RN, FNP-BC
Co-Founder, The Institute for Family Health
Clinical Director, Walton Family Health Center**

Pace University Lienhard School of Nursing

Special Interests: Team-based Practice



**Leila Hagshenas, MD, FAAFP
Medical Director, Family Health Center of Harlem**

The Chicago Medical School

Mount Sinai Downtown Residency in Urban Family Medicine

Special Interests: LGBT Health



Victor Sta. Ana, MD, MSED, FAFP
Medical Director, Homeless Services
Director, Primary Care Scholars Program
Attending Faculty

Albany Medical College
Mount Sinai Downtown Residency in Urban Family Practice
Special Interests: Medical Education



Ashley Guadalupe-Padgett, MD
Associate Medical Director, Family Health Center of Harlem

Albert Einstein College of Medicine
Harlem Residency in Family Medicine
Special Interests: Adolescent Health, Addiction Medicine



Mindy Brittner, MD, MS
Family Medicine OB Attending Faculty

Rutgers Robert Wood Johnson Medical School
Montefiore Medical Center, Family and Social Medicine Residency
Fellowship in Adolescent Medicine, Columbia University
Special Interests: Adolescent Health, Reproductive Health



Melissa Evans, MD, MS
Family Medicine OB Attending Faculty

New York Medical College
Montefiore Medical Center, Fellowship in Family Medicine Maternity Care & Obstetrics, Family and Social Medicine Residency
Special Interests: Combating Black Maternal Mortality/Morbidity and Racial Bias in Maternity Care



Julia Cooper, MD, AAHIVS
Attending Physician

University of Rochester School of Medicine
Lawrence Family Medicine Residency
Special Interests: HIV Care, Gender-Affirming Care, Addiction Medicine, Liver Health



Anna Kuzel, DO
Attending Physician

Arizona College of Osteopathic Medicine, Midwestern University
Albert Einstein College of Medicine Family Medicine Residency Program
Special Interests: Medical Education, Integrative Medicine



Premila Mathews, MD
Attending Physician

University of Glasgow, United Kingdom
University of Pennsylvania
Special Interests: Women's Health, Preventative Care



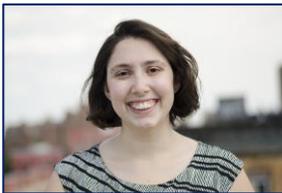
Mara Phelan, MD
Attending Physician
Albert Einstein College of Medicine
Harlem Residency in Family Medicine
Special Interests: Global Health, Addiction Medicine



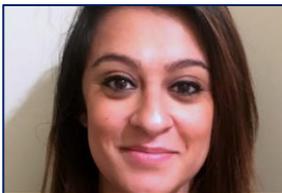
Veronica Rivera, MD
Attending Physician
Jefferson Medical College, Philadelphia, PA
San Francisco General Hospital, Family & Community Medicine Residency Fellowship
in Geriatrics, University of California, San Francisco
Special Interests: Geriatrics



Julie Schoonover, MD
Attending Physician
Icahn School of Medicine at Mount Sinai
Mount Sinai Downtown Residency in Urban Family Medicine
Empire Clinical Research Investigator Program Fellowship
Special Interests: Research, Music Therapy



Gabrielle Surick, MD
Attending Faculty
Icahn School of Medicine at Mount Sinai
Harlem Residency in Family Medicine
Special Interests: Inpatient Medicine, Medical Education, HIV Care



Zarah Virani, MD
Attending Physician
Ross University School of Medicine
Rutgers Robert Wood Johnson Medical School Family Medicine Residency
Fellowship in Reproductive Health and Advocacy, The Reproductive Health
Access Project (RHAP)
Special Interests: Women's Health



Margaret Glausser, MD
Associate Medical Director, Walton Family Health Center
Attending Physician
University of Texas Southwestern School of Medicine
Mount Sinai Downtown Residency in Urban Family Health
Special interests: Clinic-based Procedures, Hospital Medicine



Guedy Arniella, LCSW
Director, Community Health and Outreach
Columbia University, MS
Special interests: Improving Quality of Life for Minority Communities



Warren Jay Pires, LCSW
Director of Behavioral Science
Master of Social Work, Hunter College
Special Interests: Group Psychotherapy, Suicide Prevention, Nicotine Dependence,
Personality Disorders, Trauma and Health Equity



Amy Begel, LCSW, LMFT
Behavioral Science Faculty
Barnard College
Special Interests: Family Systems Therapy



Lindsay Blevins, Ph.D.
Behavioral Science Faculty
Montefiore Medical Center, Primary Care Psychology, Postdoctoral Fellow
Ph.D. in Counseling Psychology, Seton Hall University
Special Interests: Health Psychology, Integrated Primary Care, Health Policy, Implicit Bias, Mental Health Stigma, Trauma-Informed Care, Issues of Social Justice and Health Equity



Chelsea Faso, MD
Preceptor
New York University School of Medicine
Montefiore Medical Center, Family and Social Medicine Residency Program
Fellowship in Reproductive Health Care and Advocacy
Special Interests: Reproductive Health, Immigrant Health, Maternal-Child Health



Joshua Issack, MD, MPH
Preceptor
Ross University School of Medicine
Providence Hospital Medical Center, Family Medicine
Special Interests: HIV Care, Hepatitis-C Care, Buprenorphine patient management



Joseph Lurio, MD
Preceptor
Columbia University College of Physicians and Surgeons
Montefiore Medical Center, Family Practice Residency in Social Medicine
Special Interests: Health Services Delivery Research for Chronic Disease, Health Information Technology



Peter Marcus, MD
Preceptor
SUNY Downstate Medical Center College of Medicine
Brookdale Hospital & Medical Center Family Practice Residency
Special Interests: HIV



Maurice Martin, MD
Preceptor
New York University School of Medicine
University of Massachusetts Family Medicine Residency
Graduate Teaching Fellowship in Biology, University of Pennsylvania
Special Interests: Geriatric Medicine, Primary Care



Elsen Jacob, PharmD, MS, BCPS, BCGP, CPPS

Clinical Pharmacy Faculty

Doctor of Pharmacy, St. John's University

Pharmacy Practice Residency, Brigham and Women's Hospital

Masters in Epidemiology, Columbia University Mailman School of Public Health

Special Interests: Drugs of abuse and misuse, Geriatrics, Patient Safety, Health Equity, and Epidemiology



Robert Goldberg, DO

Musculoskeletal Preceptor

Philadelphia College of Osteopathic Medicine

Mount Sinai Hospital Internal Medicine Residency

Special Interests: Manual Medicine, Osteopathic Manipulation

Clinical Training Sites

Residents receive their family medicine ambulatory training in one of two federally qualified health centers operated by the Institute for Family Health. These sites provide comprehensive primary, behavioral health, and dental care to patients of all ages.



Family Health Center of Harlem

The Family Health Center of Harlem is located in a robust, culturally diverse neighborhood in Northern Manhattan with a rich history and a widespread sense of community. Over 18,000 patients made nearly 100,000 visits to the FHCH last year. FHCH offers group visits for diabetes and prenatal care, Zumba classes, yoga classes, and more, to help patients stay healthy. Residents are highly engaged with neighborhood organizations in promoting good health and social justice in the community.

Walton Family Health Center

The Walton Family Health Center is located in the Bronx neighborhood of Mount Hope. Much of the population is foreign-born originating from the Dominican Republic, Jamaica, Ecuador, Guyana as well as Ghana, Sierra Leone and Nigeria. Nearly 10,000 patients made 50,000 visits last year. WFHC has been a bedrock of affordable health care in the Southwest Bronx for almost 20 years. The health center was built in partnership with St. Edmund's Episcopal Church and reflects its longtime relationship with the community.



Mount Sinai Hospital

The inpatient training site for the Harlem Residency in Family Medicine is The Mount Sinai Hospital, located at Madison Avenue and East 98th Street in Manhattan. Founded in 1852, Mount Sinai Hospital is a 1,134-bed, tertiary-care teaching facility acclaimed internationally for excellence in clinical care.

The Mount Sinai Hospital was named to the U.S. News & World Report Honor Roll in its 2019-2020 edition, ranking 14th out of nearly 5,000 hospitals nationwide. Mount Sinai also ranks in several specialties, and is top 10 in five of those: Geriatrics (#3), Cardiology and Health Surgery (#6), Diabetes and Endocrinology (#7), Gastroenterology (#9), and Nephrology (#10).

Community Engagement

Along with a strong clinical curriculum, the Harlem Residency in Family Medicine also prioritizes community engagement and social justice for disadvantaged populations. Historically, physicians have played a vital role in solving community problems and advocating for policy change that will improve health and the quality of life in these communities. The program's Community Engagement Curriculum is designed to foster this role by advancing residents' understanding of the social determinants of health that impact the patients they care for throughout their training.



Residents participated in a COVID-19 vaccination event for the community.

Working with the Director of Community Health and other faculty, family medicine residents are paired with various community organizations, such as local social services agencies, food pantries, or local public health department offices. Residents provide expertise on matters of community health and work collaboratively with community based organizations on projects that will enhance health in the communities we serve.

Clinical rotations and electives at sites serving special populations further advance residents' skills in caring for underserved populations. For example, adolescent health is taught in the health clinics of public high schools and in a center for LGBTQ homeless youth. Residents train in a variety of health center sites, such as sites serving homeless populations that are operated by the Institute, a nursing home caring for complex patients of all ages, and other community sites, such as the Harlem Children's Zone. Residents have exposure to a wide range of health needs.



Residents also engage in outreach and in advocacy at the local, state, and national level. They offer health screenings at local street fairs, conduct community health needs assessments, and march for social justice. Harlem residents have met with members of the New York State Assembly to advocate for community health centers, and have made presentations to members of Congress. Residents are regularly involved in local advocacy for underserved populations at Mount Sinai.

Aimee Mankodi, MD, advocates for the Federal Teaching Health Center Program before members of Congress.

Harlem Residency Program Highlights

Full Spectrum Reproductive Health Training: Comprehensive Nationally Recognized Training

- Training in options counseling, ultrasounds, and LARC (Long acting reversible contraception)
- Fellowship in reproductive health
- Family physician faculty performing obstetrics
- Innovative group prenatal visit training for all residents (Centering Pregnancy Model)
- Training at affiliated Planned Parenthood sites – Queens

Longitudinal Implicit Bias, Advocacy, Social Justice Training, and Anti-Racism

- Monthly implicit bias, advocacy, and anti-racism seminars
- Quarterly seminars focused on key social justice topics affecting the community we serve, with a panel of community leaders

Community Pediatrics and Adolescent Medicine

- Incorporates national curricular guidelines for adolescent medicine
- Care for LGBTQ youth experiencing homelessness/ unstable housing at Ali Forney, a local drop-in center
- Caring for students at a local high schools, middle schools, and elementary schools

Resident Well Being

- Monthly resident support group
- Quarterly Balint group
- Resident buddies
- Advisee support
- Resident retreats 2x yearly
- Class rotations – PGY1, 2, & 3

Faculty in Biopsychosocial Training

- Psychologists train residents in counseling and complex patient management
- Resident and faculty Balint groups
- Training in motivational interviewing and behavior change



Complementary and Integrative Health

- All PGY2s participate in a 2-week rotation focused on complementary and integrative health
- Additional integrative medicine training available through didactics, electives, and on-line modules

Training using Electronic Health Records (EHR) and SIM Lab

- Training sites use EPIC, a state-of-the-art EHR, extensive clinical reports for reviewing and improving practice patterns, and a patient portal available in English and Spanish
- Residents participate in simulation teaching to gain immersive and hands-on learning experience

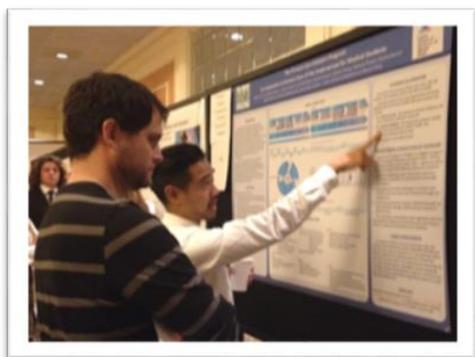
The Institute for Family Health is recognized by the CDC as a Center of Excellence for leadership in:

- Overcoming health disparities
- Electronic Health Records collaboration with NYC Department of Health

Family Medicine Residency Curriculum & Tracks

<i>First Year - same for all tracks</i>	<i>Weeks</i>
Adult Emergency Medicine	4
Cardiology	2
Community Medicine Month (CMM)	4
Elective	4
Family Medicine Days/Night Float	14
Internal Medicine/ Intensive Care Unit	4
Inpatient Pediatrics	4
Newborn Nursery	2
Obstetrics – Labor and Delivery	4
Outpatient	2
Pediatric Emergency Medicine	2
Psychiatry	2
Vacation	4

<i>Second Year</i>	<i>General</i>	<i>Research</i>	<i>Marginalized Population</i>	<i>Reproductive Health</i>
Breast feeding	0	0	0	2
Colposcopy	0	0	0	2
Complementary and Integrative Health (CIH)	2	0	2	2
Criminal Justice (Riker’s Island)	0	0	2	0
Dermatology	2	2	2	2
Elective	8	6	6	6
Family Medicine Days/Night Float	8	8	8	8
Geriatrics 2	2	2	2	2
Gynecology	4	4	4	4
HIV Medicine	2	0	2	0
Homeless Medicine	0	0	2	0
Obstetrics 2	4	4	4	4
Orthopedics	2	2	2	2
Outpatient Pediatrics	4	4	4	4
Practice Management	2	2	2	2
Prenatal Care	0	0	0	2
Research	0	8	0	0
Sports Medicine	2	0	0	0
Surgery 2	2	2	2	2
Surgical Subspecialties	2	2	2	2
Teaching and Transition	2	2	2	2
Vacation	4	4	4	4



<i>Third Year</i>	<i>General</i>	<i>Research</i>	<i>Marginalized Population</i>	<i>Reproductive Health</i>
Addiction Medicine	0	0	4	0
Community Pediatrics & Adolescent Medicine	4	4	4	4
Colposcopy 2	0	0	0	2
Dermatology	2	2	2	2
Elective	12	12	12	12
Family Medicine Inpatient (Days/Nights)	6	6	6	6
Geriatrics 3	2	2	2	2
High Risk Obstetrics	0	0	0	2
HIV Medicine	2	2	2	2
Homeless Medicine	0	2	2	0
Maternal Fetal Medicine	0	0	0	2
Medical Subspecialties	2	2	2	2
Obstetrics and Maternity Care 3	4	0	0	4
Pediatric Emergency Medicine	4	4	4	4
Practice Management	2	2	2	2
Psychiatry 3	4	0	4	0
Research	0	10	0	0
Sports Medicine	2	2	2	2
Surgical Subspecialties	2	0	0	0
Vacation	4	4	4	4



Alumni

Academic Positions

Janki Rami, MD, 2017 – University of Miami Miller School of Medicine (FL)
Jason Rappaport, MD 2018 – Benefis Health System (MT)
Gabrielle Surick, MD, 2019 – The Institute for Family Health
Sarah Baden, MD, 2019 - Montefiore Medical Center (NY)
Kelsey Wilson-Henjum, MD, 2021 - Montefiore Medical Center (NY)
Ashley Guadalupe-Padgett, MD, 2021 - Institute for Family Health
Mariposa Garth, MD, 2022 - The Institute for Family Health
Tonie McKenzie, MD, 2022 - Research, DOH and Advocacy with NYS Academy of Family Physicians
Gabriela Sanchez-Bravo, MD, 2022 - The Institute for Family Health
Elana Cohn, MD, 2022 - The Institute for Family Health
Mara Phelan, MD, 2022 - The Institute for Family Health

Fellowship

Tamara Kamash, MD, 2015 - Emergency Medicine, Methodist University Hospital (TN)
Jarrett Kelly, MD, 2015 - Addiction Medicine, Institute for Family Health
Anthony Chu, MD, 2015 - Sports Medicine, Long Beach Memorial Medical Center (CA)
Sergio Guiteau, MD, 2016 - Sports Medicine, Atlantic Health System (NJ)
Mark Sinclair, MD, 2016 - Addiction Medicine, Institute for Family Health
Kathleen Bernard, MD, 2018 - Reproductive Health Care and Advocacy, Institute for Family Health
Kelly Kirkpatrick, MD, 2018 - Reproductive Health Access Project, Reproductive Health Care and Advocacy, Institute for Family Health
Ana Garcia, DO, 2020 - Sports Medicine, Wake Forest Baptist Medical Center School of Medicine (NC) & Reproductive Health Access Project, Reproductive Health Care and Advocacy, Institute for Family Health
Lara Weiss, MD, 2021 - Integrated Geriatrics and Palliative Medicine Fellowship, Mount Sinai Hospital
Horace Brown, MD, 2023 - Sports Medicine, Christiana Care, Family and Community Medicine (DE)
Bianca S. Hill, MD, 2023 – Fellowship in HIV Clinical Leadership (CA)



Find out more about the Harlem Residency in Family Medicine:

www.harlemresidency.org

Amy V. Reyes, MPA
Residency Program Administrator
(212) 423-4500 ext. 4702

