



Illustrations by Lisa Lavoie. Reproduced with permission.

## Are you...

- ▶ **Worried** that others are watching you, talking about you or may want to hurt you?
- ▶ **Feeling confused** about what is real and what isn't?
- ▶ **Withdrawing** from family and friends?
- ▶ **Noticing changes** in the way things look or sound?

We can help. **ProSPECT** is a program for people ages 14-25 and their families.

### The program includes:

- **Specialized evaluation**
- **Education about mental health and mental health treatment**
- **Individual, group and family therapy**
- **Help with school or employment**

Ask your provider about the **ProSPECT** program or call:  
**(212) 423-4200 and press 1**

